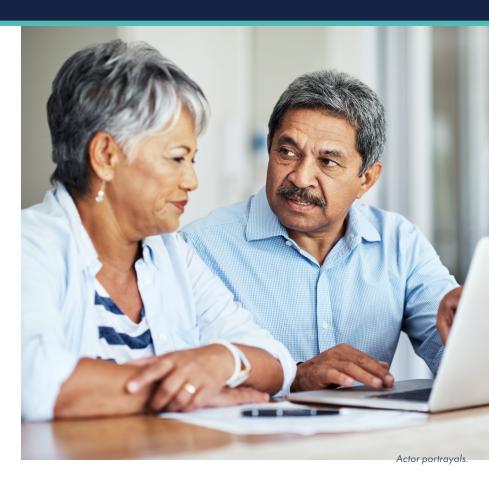


# Open Enrollment Information for Patients

Help with understanding your health plan coverage options \>

# What is open enrollment?

The annual open enrollment period is the time of year you may reconsider your insurance coverage and make changes or choose a new plan.



# Understanding open enrollment in 2026

The annual Medicare open enrollment period for changing your 2026 Medicare coverage is October 15 to December 7, 2025. If you have Original Medicare you can switch to a Medicare Advantage plan, switch between Medicare Advantage plans, or switch to Original Medicare. You can also change your prescription drug coverage (Medicare Part D).

If you'll have commercial health insurance in 2026, open enrollment usually ends late November 2025, but you should check with your plan for details.

Your health plan coverage can determine your out-of-pocket costs. That's why Tanabe Pharma America is providing this brochure to help you review your health insurance options for the coming year and make informed choices during open enrollment.

This brochure is provided for your background information only. It is not intended as a complete listing or description of health plan options. Please always contact your health insurance company and/or Medicare.gov for information specific to you.

# Getting ready for your open enrollment

#### >> STEP 1

Review information in this brochure that aligns with the type of health insurance you'll have in 2026.

Commercial (private) health insurance includes plans provided by employers and unions or plans through the Health Insurance Marketplace. Everyone is eligible for these plans. If you'll have commercial health insurance in 2026, review pages 4 and 5 in this brochure.

Medicare and Medicare Advantage includes coverage offered through programs provided by the state or federal government. Individuals eligible for these plans include:

- People aged 65 years or older
- People with ALS
- · Certain younger people disabled for more than 24 months
- People with end-stage renal disease

If you'll have Medicare in 2026, review pages 6 through 8 in this brochure.

#### >> STEP 2

List all the medications you and the family members on your plan are taking.

This can help give you an idea of your costs for next year.

#### >> STEP 3

Contact your health plan representative and evaluate your options for 2026.

Find out about your medical and prescription plan insurance benefits and out-of-pocket costs for your medications and treatment administration.

#### >> STEP 4

Check with your prescription drug's website or your HCP to see if there is an out-of-pocket assistance program available.

This can help you save on your deductible, co-pay, and co-insurance costs for your medication and treatment.

# Consider these questions as you review your health plan options:

- What is your premium?
- What is your co-pay or co-insurance?
- What is your deductible?
- If you have an out-of-pocket maximum, what is it?

# If you will have commercial or private insurance in 2026

# Open enrollment calendar

Insurance type	Enrollment dates
Commercial (Private)	Usually ends late November 2025 (check with your plan)
Health Insurance Marketplace	November 1-December 7, 2025, in many states (check with your plan)



# Pharmacy benefit

Typically covers prescription medications from a retail or specialty pharmacy that you can take at home.<sup>a</sup>

Call your health insurance plan to make sure you have coverage for your medication.

#### Ask your plan about:

- ☐ Annual deductible
- ☐ Coverage of your medication
- ☐ Co-pay or co-insurance

# Check to see if there is an out-of-pocket assistance program associated with your medication.

A program representative from the manufacturer may be able to help you determine your eligibility and discuss available support options.

<sup>a</sup>Some plans require medication to be covered under the Pharmacy benefit, even if given by a healthcare professional. Check your health insurance plan for specific information.

# Checking your pharmacy benefit

ENTER YOUR HEALTH PLAN COST INFORMATION BELOW to guide discussions and get an idea of your costs for 2026. Call your health plan representative to obtain cost information.<sup>a</sup>

Does your plan include the following?	If so, what is the amount per year?
A separate pharmacy benefit premium (not part of your medical benefit premium)  Does not count toward your out-of-pocket maximum.	Premium: \$
Deductible	Deductible: \$
Co-pay OR co-insurance for your medication	Co-pay: \$ OR Co-insurance:%
Specialty pharmacy Does your plan require you to get your medication from a specialty pharmacy?	Specialty pharmacy name

# About co-pay adjustment policies

**Some health plans have co-pay adjustment policies** that may impact how a co-pay assistance program benefit is applied to the health plan's annual deductible or out-of-pocket maximum.

With these policies:

- It may take longer to reach the health plan annual deductible or out-of-pocket maximum
- The potential out-of-pocket costs for prescriptions may increase during the year

A health plan representative may be able to tell you about any co-pay adjustment policy in place.

	Contact your health plan	representative or visit	Medicare.gov	for help	reviewing	your plan	options
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<sup>&</sup>lt;sup>o</sup>Tanabe Pharma America, Inc. does not assume any responsibility or liability for the accuracy of the cost information provided by your health plan, which you may enter in the table on this page. Please consult your health plan representative to confirm the accuracy of the information they have provided, and any calculations resulting from entry of the cost information provided by your health plan.

#### Open enrollment calendar

Insurance type	Enrollment dates and actions you may take			
Medicare	October 15-December 7, 2025 Choose or change a OR Medicare Advantage plan	Choose or change a Medicare Part D prescription plan		
Medicare Advantage	January 15-March 7, 2026  Switch to a different OR  Medicare Advantage plan	Return to Medicare and join a Part D prescription plan		

Federally funded health insurance coverage includes Medicare Part D (prescription drug coverage). Your costs may change in 2026. Visit Medicare.gov to find out more.



# Prescription drug coverage (Medicare Part D and Medicare Advantage with Part D)

These prescription drug plans typically cover prescription medications, including:

- Medications given by a healthcare professional at home (only the medication cost)
- Medications you get from a retail or specialty pharmacy and take at home

☐ Annual	☐ Copay or	☐ Medication costs after you
deductible	co-insurance costs	pay the annual deductible

# Medicare and Medicaid dual eligibility

For eligible people, Medicare pays for covered medical services first, and Medicaid prescription drug coverage may then pay some out-of-pocket costs Medicare doesn't. A Dual Eligible Special Needs Plan (D-SNP) may coordinate care. Talk with your health plan representative about D-SNP benefits and requirements in your state.

Learn about dual eligibility requirements and coverage options at Medicaid.gov.

If you have applied for Social Security Disability Insurance (SSDI), and if there is a support program associated with your medication, a program representative may be able to provide information to help you understand the transition to Medicare coverage.

Visit <u>ssa.gov/disability</u> to learn more about Medicare and SSDI.

## Checking your prescription drug coverage

Call your health insurance company to make sure you have coverage for your medication (Medicare Part D).

#### Find a plan that works for you.

- Understand that out-of-pocket costs for prescription medications may vary depending on the plan you choose
- Consider all the prescription medications you are taking
- Look at total out-of-pocket medication costs, not just premiums and deductibles

The "Extra Help" program may assist with medication costs. Need help paying for deductibles and out-of-pocket expenses? Some people with limited resources and income may qualify for the Low-Income Subsidy (LIS) program, also known as "Extra Help." Visit <a href="mailto:saa.gov/medicare/part-d-extra-help">ssaa.gov/medicare/part-d-extra-help</a> to learn more.

#### Important 2026 Medicare Part D details

#### New out-of-pocket cost cap

Starting January 1, 2026, out-of-pocket costs for prescription medications will be capped at \$2100. After reaching the spending cap of \$2100, you will go directly into "catastrophic coverage" and pay \$0 in out-of-pocket costs for the rest of the plan year.

#### Calculate out-of-pocket costs for Medicare Part D coverage in 2026

#### The Medicare Prescription Payment Plan

As of 2025, you have the option to pay your out-of-pocket prescription drug costs in the form of capped monthly payments instead of all at once at the pharmacy. This is also called "smoothing." If you enrolled in 2025, your participation will automatically continue in 2026 and in later years. You can opt out to stop participating.

To enroll in or opt out of the <u>Medicare Prescription Payment Plan</u>, visit your health plan's website or call your health plan at any time during the calendar year.

#### Check your Medicare Advantage plan's support for your treatment.

Does your Medicare Advantage plan include prescription drug coverage? If not, you may also need to enroll in a Medicare Part D prescription drug plan.

<sup>&</sup>lt;sup>a</sup>You will still be responsible for paying your premium. A new benefit verification needs to be run each year to determine annual costs.

#### More helpful Medicare information and resources

If you have questions about what your coverage includes, contact your Medicare insurance plan representative.

## State Health Insurance Assistance Program (SHIP)

Your local SHIP may be able to provide in-depth, objective counseling and assistance for people with Medicare, their families, and caregivers, and may be able to help find a plan that's right for you. To find a SHIP in your area, visit shiphelp.org or call 1-877-839-2675.

#### Pharmacy benefit



#### Your Guide to Medicare Prescription Drug Coverage

Medicare.gov/publications (Select Medicare Prescription Drug Coverage from the Category drop down



#### **Extra Help with Medicare Prescription Drug Plan Costs**

ssa.gov/benefits/medicare/prescriptionhelp



#### **Medicare Plan Finder**

Search tool enabling users to compare Medicare Part D prescription drug plans and Medicare Advantage plans in their local area)

Medicare.gov/plan-compare



#### Check with your health plan to get the answers you need.

If there is a manufacturer-sponsored out-of-pocket support program associated with your medication, a representative of the manufacturer's support program may be able to help you determine your eligibility and discuss support options that may be available.

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